

**Ayers Creek Adventures Kayak Training
June Courses**

QuickStart Your Kayak – Saturday June 11th, 8:00 – 11:00 AM

QuickStart is a brief, three-hour introduction to paddling a kayak. Students are presented with basic information on dressing to paddle safely, potential hazards and simple rescues. A minimal paddle skill set is presented and practiced, allowing students to safely and comfortably maneuver on still water. While designed as a stand-alone, introductory course, QuickStart students often progress to the Introduction to Kayak course to acquire greater paddling skill through significantly more guided, on-water practice time.

Cost \$40. Reservations Required.

Kayak Safety and Rescues - Saturday June 25, 2011; 8:00 AM - 11:30 AM

This course covers additional safety concepts, paddle planning, basic navigation concepts, rules for paddling in channels, wet exits, and rescue techniques. This course also includes a paddling overview and a short paddle to and from the rescue practice area. You will get wet so dress appropriately.

Cost: \$50. Reservations Required

Private and Group Lessons Available by Appointment – please call 888-602-6288